



Beach Checklist

For the family



Clothing & Swimwear

- T-Shirt / Tops
- Pants / Shorts
- Skirt / Dress
- Underwear
- Bras
- Socks
- Jacket (Waterproof)
- Swimming Trunks
- Swimming Costumes
- Cover-ups / Kimono
- Goggles
- Sun Hats/ Caps
- Sunglasses
- Sandals / Shoes / Watershoes
- Towels

Baby & children

- Swim Nappies
- Hair Bobbles
- Snacks / Picnic
- Drinks
- Toys: Balls, Bucket & Spade, Frisbee.
- Beach Trolley
- Covered-Long Sleeved Top
- Milk Formula & Bottles
- Wipes

Health & Safety

- Insect Repellent
- Lip Balm
- Bottles of Water
- First Aid Kit
- Hand Sanitiser
- Sunscreen 50 SPF
- Sun-Tent or Shade Umbrella
- Medication

Extras

- Bags Rubbish
- Bags for Wet Clothes & Dry Clothes
- Purse / Wallet
- Phone
- Baby bag

